

PHYSICAL & HEALTH EDUCATION



RAVIKUMARA N G
SATHISHKUMAR K R

Physical and Health Education

Ravikumara N G

Physical Education Director
Kumadvathi College Of Education
SHIKARIPURA- 577427
Distt, - Shivamogga, Karnataka, India

Sathishkumar K R

Physical Education Director
Government First Grade College
SULLIA- 574239
Distt- Dakshinakannada, Karnataka, India

PHYSICAL AND HEALTH EDUCATION

RAVIKUMARA N G & SATHISHKUMAR K R

©2022 PUBLISHERS

FIRST EDITION: 2022

PRINTED IN INDIA 2022

COVER PAGE DESIGN BY: RAVIKUMAR N. G.

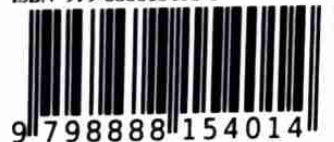
PRINTER & PUBLISHER: XPRESS NOTION PRESS

PRICE: RS 150-00

A Sound mind is in a sound body in a sound environment. Every person must possess a health mind: to have a health mind one must have a healthy physique. Healthy person could alone make a healthy society. Physical and Health Education may provide the right direction and needed action to improve the healthy nation.

Ravikumar N G & Sathishkumar K R

Price Rs 260.00
ISBN 979-888815401-4



9 798888 154014