



Swamy Vivekananda Vidya Samsthe (R)

KUMADVATHI COLLEGE OF EDUCATION

Aided, Permanently Affiliated to Kuvempu University,

Recognised by NCTE & UGC Act 2(f), Section 12 (B) &

NAAC Accredited With "A+" Grade (3.27 CGPA)

Shikaripura – 577 427, Shivamogga Road, Shivamogga Dist.

☎ : 08187 – 222383, 222067

✉ kumadvathibed@gmail.com

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ಸ್ವಾಮಿ ವಿವೇಕಾನಂದ ವಿದ್ಯಾಸಂಸ್ಥೆ (ರ)

ಕುಮದ್ವತಿ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

ಅನುದಾನಿತ, ಕುವೆಂಪು ವಿಶ್ವವಿದ್ಯಾನಿಲಯಕ್ಕೆ ಶಾಶ್ವತ ಸಂಯೋಜಿತ, ಎನ್.ಸಿ.ಬಿ.ಇ

ಹಾಗೂ ಯು.ಬಿ.ಸಿ, ಆಧಿನಿಯಮ 2(f), ಸೆಕ್ಷನ್ 12(B) ಮನ್ನಣೆ ಪಡೆದಿದೆ &

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Physical Education, Sports and Yoga Report

2022-23



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ಸ್ವಾಮಿ ವಿವೇಕಾನಂದ ವಿದ್ಯಾಸಂಸ್ಥೆ (೮)

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Physical Education, Sports and Yoga Report - 2022-23

The physical education department is well equipped, adequate opportunities and good facilities are provided for the talented sportspersons and athletes in the college. Hence the students are required to make use of all the available facilities. Physical education contributes significantly to the development of one's personality and ability to function efficiently in society.

Sport is an integral part of the curriculum; various sports facility is provided to the students within the campus. The college is committed to create a balanced atmosphere of academic, cultural and sports activities for the overall personality development of its student teachers.

The Physical Education and Sports has Sports, Yoga practiced and conducted Programmes on the basis of following objectives.

- Provide opportunity for all the student teachers to participate in each and every Sports and Yoga activity.
- To develop the understanding of the interrelation of Physical Education & Sports.
- To understand the national integration through Physical Education and Sports.
- Create awareness on different aspects of health and fitness.
- Develop skills in organizing the Physical Education programme and activities.
- Well planning and well Execution of the Physical Education and Sports Programme/activities.
- To develop leadership qualities and Physical fitness.

As per academic report year 2022-23, Kumadvathi College of Education has always been dedicated towards all round development of the students.

The Physical Education and Sports work was planned as per practice:

- The sports department provides fruitful opportunities in numerous fields of sports. provides ample facilities and scope for various games and sports both indoor and outdoor, such as cricket, basketball, volley ball, badminton, table tennis, kabbadi, kho-kho, chess, carrom, athletics and Yoga education etc., to keep the mind and body healthy.
- The students are encouraged to participate in the University tournaments.
- Every Saturday after prayer, all the students assemble for a Mass Drill to keep them physically alert for the day's work.
- Many of the players and athletes have added to the glory of the college by participating in university tournaments and other sports events.
- They are given special coaching, encouragement and motivation to participate in university, inter-collegiate, inter-divisional, national sports and tournaments.



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INDEX

Sl.No	Programme Name	Date
1.	Annual Sports Meet for 2nd 4th Semester 2021-22 Batch.	18-3-2023
2.	Online Conference on Foundation Literacy and Numeracy (FLN)	17-6-2023
3.	Celebration of 9th International Yoga Day	21-6-2023
4.	Celebration of 76th Independence Day	15-8-2023
5.	Aerobic Dance Competition	15-9-2023
6.	Orientation on First- Aid & Medical Check-Up for B.Ed Student Teachers	20-11-2023
7.	Volleyball Selection Trails & Sports Practice on	25-11-2023
8.	Annual Sports Meet	16-12-2023
9.	College Prayer	Everyday
10.	Yoga Practice	Every Saturday
11.	Sports practice	Every Saturday



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IQAC Initiatives PHYSICAL EDUCATION AND SPORTS

Date of the Programme	18-03-2023
Title of the Programme	Annual Sports Meet for 2nd and 4th Semester student Teachers
Objectives of the Programme	To Promote sports among the student teachers for their overall development and encourage in Sports. To give opportunity to represent college and competitive platform to perform and showcase their talent.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	67
Details / Report of the Programme	Annual Sports Day is an important event in the student's life. The College Sports day was conducted on 18 th March 2023. The sports day began enthusiastically with Inauguration by our beloved Principal Dr. Shivakumara G S.

Glimpse of the Programme of Annual Sports Meet



Signature of the Programme Co-ordinator

Handwritten signature of the Programme Co-ordinator.

Principal
Kumadvathi College of Education
Shikarpura



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IQAC Initiatives

Janbhagidari Activities for Teacher Education Institute to Commemorate India's G20 presidency

Date of the Programme	17-06-2023
Title of the Programme	Online Conference on Foundation Literacy and Numeracy (FLN)
Objectives of the Programme	To enable all Student Teachers to read and respond with comprehension, independently write with understanding, develop number sense, mathematical thinking, problem solving and reasoning.
Resource Persons/ Chief Guest of the Programme	YouTube link of NCERT
Programme Co-Ordinator/s	Sri Ravikumar N.G, Physical Education Directorf, Kumadvathi College of Education, Shikaripura.
Number of Student Teacher Participated	49
Details / Report of the Programme	On 17 th June 2023, NSS and Physical Education and Sports organised Online Conference on Foundation Literacy and Numeracy (FLN) following YouTube Links. YouTube Links. https://youtu.be/bekAcBtY7s2NM https://youtu.be/80zerRQJmXg https://youtube.br/1HhhPPhQJdA

**Glimpse of the Workshop on the concept
Online Conference on Foundation Literacy and Numeracy (FLN)**



Signature of the Programme Co-ordinator

Principal
Kumadvathi College of Education
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IQAC Initiatives Physical Education and Sports

Date of the Programme	21-06-2023
Title of the Programme	“Celebration of 9th International Yoga Day”
Objectives of the Programme	International Yoga Day aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence. Yoga helps to keep the internal organs in the body to function properly by increasing the oxygen and blood flow.
Programme Co-Ordinator/s	Sri Ravikumara N G, Physical Education Director
Number of Student Teacher Participated	85
Details / Report of the Programme	<p>On 21-06-2023 International Yoga Day was celebrated with the co-operation of all wings of Swamy Vivekananda Vidya Samsthe. Sri Mahanta Swamiji, Jademata. Sri. B.Y Vijayendra, MLA, Shikaripura and Treasurer, Swamy Vivekananda Vidya Samsthe, Sri M B Shivakumar, President, Swamy Vivekananda Vidya Samsthe, Dr. Shivakumar G.S., Management Representative Swamy Vivekananda Vidya Samsthe (R), & Principal Kumadvathi College of Education, Shikaripura, Sri Kuberappa K, Administrative Co-ordinator, were also present in the programme. Heads of different wings of Swamy Vivekananda Vidya Samsthe as well as teaching and non-teaching faculties and students were present in the programme.</p> <p>Swamijis, dignitaries, teachers and students performed yoga during this time.</p>

Glimpse of the Programme / Activity



Signature of the Programme Co-ordinator


Principal
Principal
Kumadvathi College of Education
Shikaripura



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IQAC Initiatives Physical Education and Sports

Date of the Programme	15-08-2023
Title of the Programme	Celebration of 76th Independence Day
Objectives of the Programme	Independence Day is an important day in the life of every Indian. Year after year, it reminds us of our great freedom fighters who sacrificed their lives to free our Motherland from British rule. It reminds us of the great paragons, which were the foundation of the dream of a free India, envisioned and realised by the forefathers.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	69
Details / Report of theProgramme	On 15-08-2023 Independence Day was celebrated with the co-operation of all wings of Swamy Vivekananda Vidya Samsthe. Flag hoisting by Sri. B.Y Vijayendra, MLA, Shikaripura and Treasurer, Swamy Vivekananda Vidya Samsthe., Sri M B Shivakumar, President, Swamy Vivekananda Vidya Samsthe. Dr. Shivakumar G.S., Management Representative Swamy Vivekananda Vidya Samsthe (R), & Principal Kumadvathi College of Education, Shikaripura, Sri Kuberappa K, Administrative Co-ordinator, were also present in the programme. Heads of different wings of Swamy Vivekananda Vidya Samsthe as well as teaching and non-teaching faculties and students were present in the programme.

Glimpse of the Programme / Activity



Signature of the Programme Co-ordinator

A handwritten signature in black ink, appearing to be "R. Ramesh" or similar, written in a cursive style.

The logo features a stylized green signature above the text "Principal" in a smaller font, "Principal" in a larger, bold blue font, and "Kumadvathi College of Education Shikarpura" in a blue font below. There are decorative blue lines on either side of the "Principal" text.



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IQAC Initiatives Physical Education and Sports

Date of the Programme	15-09-2023
Title of the Programme	Aerobic Dance Competition
Objectives of the Programme	<ul style="list-style-type: none"> • To improve the condition of your heart and lungs. • To increase muscular strength, endurance and motor fitness. • weight management. • Stronger bones and reduced risk of osteoporosis. • Better coordination, agility and flexibility.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	48
Details / Report of theProgramme	<p>An Aerobic competition was organized by the Physical Education and Sports Department on 15th September 2023 at 2:55 PM. All the Student Teachers participated in the programme.</p> <p>The student teachers actively participated in the programme. The programme was found meaningful and it was very needful for our student teachers and also for the society. In the programme the Principal and all the staff members were also present.</p> <p>Finally in the competition, the following student teachers have won the prizes as follows.</p>
Welcome Speech	Sri. Nagaraj , Student Teacher, KCE, Shikaripura
Vote of Thanks	Miss. Nisha B , Student Teacher, KCE, Shikaripura
Anchoring	Miss. Priyadarshani K S A , Student Teacher, KCE, Shikaripura

Glimpse of the Programme / Activity



Signature of the Programme Co-ordinator

Principal
Principal
Kumadvathi College of Education
Shikaripura



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IQAC Initiatives Physical Education and Sports

Date of the Programme	20-11-2023
Title of the Programme	Orientation on First- Aid & Medical Check-Up for B.Ed Student Teachers
Objectives of the Programme	<ul style="list-style-type: none"> • Able to understand how and when to administer first aid. • Able to provide appropriate treatment for the purpose of preserving life. • Able to minimize the consequences of injury until the arrival of medical assistance. • Able to provide appropriate treatment for an injury which does not require the attention of a medical practitioner. • Familiar with health & safety legislation on first aid in the workplace
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	48
Details / Report of theProgramme	<p>An Orientation on First- Aid & Medical Check-Up was organized by the Physical Education and Sports Department on 20th November at 2:55 PM. All the Student Teachers participated in the programme.</p> <p>The student teachers actively participated in the programme. The programme was found meaningful and it was very needful for our student teachers and also for the society. In the programme.</p>

Glimpse of the Orientation on First- Aid & Medical Check-Up



69VF+J6W, Shikaripur, Thimlapura, Karnataka 577427, India

Shikaripur
Karnataka
India

2023-11-20(Mon) 03:45(pm)



69VF+J6W, Shikaripur, Thimlapura, Karnataka 577427, India

Shikaripur
Karnataka
India

2023-11-20(Mon) 03:52(pm)

Signature of the Programme Co-ordinator

Principal
Principal
Kumadvathi College of Education-
Shikaripura



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ಕುಮದ್ವತಿ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

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IQAC Initiatives Physical Education and Sports

Date of the Programme	21-11-2023
Title of the Programme	Sports Selection Trails for Student Teachers
Objectives of the Programme	<ul style="list-style-type: none"> • To develop Leadership Qualities. • To develop physical fitness. • To develop competitive spirit. • Anable sportsmanship
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	48
Details / Report of theProgramme	Sports on Volleyball, Throwball and Athletics Selection Trails on was conducted by the Physical Education and Sports Department on 21 st November at 12:30 PM. All the Student Teachers participated in the Selection.

Glimpse of the Sports Selection Trails



Signature of the Programme Co-ordinator


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Principal
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 Shikaripura



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ಕುಮದ್ವತಿ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

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IQAC Initiatives PHYSICAL EDUCATION AND SPORTS

Date of the Programme	16-12-2023
Title of the Programme	Annual Sports Meet for 2nd and 4th Semester student Teachers
Objectives of the Programme	To Promote sports among the student teachers for their overall development and encourage in Sports. To give opportunity to represent college and competitive platform to perform and showcase their talent.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student Teacher Participated	90
Details / Report of the Programme	Annual Sports Day is an important event in the student's life. The College Sports day was conducted on 16 th December 2023. The sports day began enthusiastically with Inauguration by our beloved Principal Dr. Shivakumara G S.

Glimpse of the Programme of Annual Sports Meet 2022-23



Signature of the Programme Co-ordinator

Principal
Kumarvathi College of Education
Shikaripura



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ಕುಮದ್ವತಿ ಶಿಕ್ಷಣ ಮಹಾವಿದ್ಯಾಲಯ

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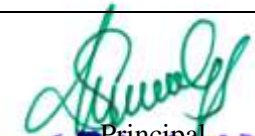
IQAC Initiatives Physical Education and Sports

Date of the Programme	Every Day Morning
Title of the Programme	College Prayer
Objectives of the Programme	<ul style="list-style-type: none"> To develop unity among all the Student Teachers and Faculty members and creating an environment of college unity. To connect with you true self and good through Morning Prayer. To impart discipline in the lifestyle of Student Teachers To aware National Integration
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student Teacher Participated	95
Details / Report of the Programme	College Prayer was conducted by the Physical Education and Sports Department on every morning at 10 am in the morning there is a prayer talk presentation by the students along with Nadagite and National Anthem. All the Student Teachers and Faculty Members are participated in the Prayer Section.

Glimpse of the College Prayer



Signature of the Programme Co-ordinator


 Principal
Kumadvathi College of Education
Shikaripura



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IQAC Initiatives Physical Education and Sports

Date of the Programme	Every Saturday
Title of the Programme	Yoga Practice
Objectives of the Programme	<ul style="list-style-type: none"> • To enable the student to have good health. • To practice mental hygiene. • To possess emotional stability. • To integrate moral values. • To attain higher level of consciousness.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	48
Details / Report of theProgramme	Yoga Practice was conducted by the Physical Education and Sports Department on every Saturday at 09 am. Starting includes the practice of Patanjali Yoga Mantra, Ekata Mantra, Meditation, Warming-Up Exercises, 12 steps of Suryanamaskara, various Asanas, Pranayama and Guru Mantra. All the Student Teachers are participated in the Yoga Session.

Glimpse of the Yoga Practice



Signature of the Programme Co-ordinator

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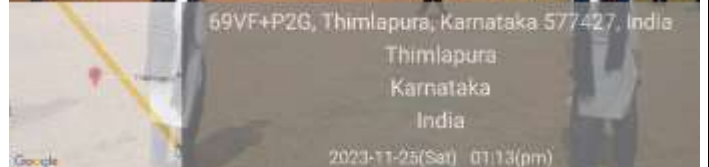
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IQAC Initiatives Physical Education and Sports

Date of the Programme	Every Saturday
Title of the Programme	Sports Practice
Objectives of the Programme	<ul style="list-style-type: none"> • Engage in competitive activities, while promoting sound health, safety, and physical fitness. • Experience working as a team member, exercising self-discipline and self-sacrifice in order to achieve team goals. • Learn how to be a good teammate, making positive contributions, regardless of the role on the team or activity. • Experience a feeling of self-worth and to develop self-confidence. • Experience in problem-solving and decision-making. • Learn to develop trust and accept the responsibility that comes with earning trust from others.
Programme Co-Ordinator/s	Ravikumara N G, Physical Education Director
Number of Student TeacherParticipated	48
Details / Report of theProgramme	Sports Practice was conducted by the Physical Education and Sports Department on every Saturday at 09 am. Starting includes the practice of Volleyball, Throwball, Chess, Carrom, Badminton, Cricket and Athletics. All the Student Teachers are participated in the Sports Practice.

Glimpse of the Yoga Practice



Signature of the Programme Co-ordinator

Principal
Kumadvathi College of Education
Shikaripura